







London Womens Clinic

In the mid 1990s, London Women's Clinic became the first clinic in the UK to offer donor insemination to lesbian couples, flying against both popular opinion and the widespread interpretation of the law at that time. In 2007, we launched our groundbreaking Inseminar events, creating easy access to crucial LGBTQIA+ fertility information for the first time.

Now, in 2025, we're very proud to be gathering together the highest quality information on LGBTQIA+ familymaking, presented by the most respected experts in the field, with The Familymakers Show.

The landscape of LGBTQIA+ fertility care has shifted drastically in the last 40 years, and information is now readily available online. However, as the Medical Director of London Women's Clinic, and a Fertility Patient Advocate with decades of experience, we know that locating trustworthy sources of advice, true expert insight, and real stories from the community can still be very challenging.

So, we are delighted to offer a line-up of leading voices: the author of the UK's largest ever study on intrauterine insemination, the author of the UK's largest egg freezing study, prominent clinicians with nearly a century of combined experience, and, most importantly, a range of brilliant LGBTQIA+ parents here to share their stories.

Welcome!



Professor Nick Macklon
London Women's Clinic
Medical Director



Councillor Anya Sizer Fertility Patient Advocate



Welcome to The Familymakers Show

For over 30 years DIVA magazine has been at the heart of our community, telling our stories and championing our causes. As the editor, I love talking to our brilliant readers, finding out what's on their minds and digging into the topics they really care about. When I have these conversations, do you know which subject comes up time and time again? Family. Not just the family we're born into, but the family we make for ourselves.

The thing is, although so many of us desperately want to create rainbow families of our own, there is a woeful lack of clear, actually useful information designed specifically for LGBTQIA+ women and non-binary people.

At DIVA, we want to tackle this head-on and change things for the better. That's why we're so proud to be working closely with the trailblazing London Women's Clinic, who have been supporting our community since they first opened their doors over four decades ago. No wonder they've been nicknamed "the gayby doctors".

Well done for coming along to The Familymakers Show today. In doing so, you have already taken a powerful, positive step on your own path to parenthood. This event is all about providing you with the information you need, answering all those burning questions and, importantly, showing you that you are not alone in this journey. In fact, you have a whole community, including London Women's Clinic and DIVA, here to help you out and cheer you on.



Roxy Bourdillon (she/her)
Editor-in-chief of DIVA magazine

Event Overview

09:30	Doors open
09:45	Welcome talk and keynote address
10:00-10:45	Inseminar: Donor Sperm and IUI Explained
10:50-11:35	Choosing a Sperm Donor: Our approach at London Sperm Bank
11:45	Refreshment break
12:05-13:00	Family, Your Way: IVF That's Affordable, Accessible and Kind
12:05-13:00	Surrogacy 101
12:05-13:00	Refreshment break & Food & Fertility: Nutrition Talk
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13:00	Refreshment break & Food & Fertility: Nutrition Talk Your Fertility, Your Timeline: 18 Years of Egg
13:00 14:00-14:45	Refreshment break & Food & Fertility: Nutrition Talk Your Fertility, Your Timeline: 18 Years of Egg Freezing at London Women's Clinic Shared Parenthood: Creating LGBTQ Families

9:45 - 10:00

Welcome Talks



Professor Nick Macklon (he/him)
London Women's Clinic Medical Director

Professor Nick Macklon has been Group Medical Director for London Women's Clinic, London Sperm Bank and London Egg Bank since 2017.

Professor Macklon is an internationally recognised gynaecologist and leader in reproductive medicine, and has held Professorship and Departmental Head positions at the Universities of Utrecht in the Netherlands, Southampton, UK and Copenhagen in Denmark, as well as a visiting Professorship in Adelaide, Australia. He has published many scientific papers and books and is regularly invited to lecture in the UK and abroad. Professor Macklon is Co-Chief Editor of one of the leading scientific journals in reproductive medicine, Reproductive Biomedicine Online. In addition to his commitment to providing exceptional patient care, he has a deep passion for classical music.



How can donor insemination help you make your family?

This talk demystifies the IUI process step by step, with real stories and expert insights applicable to LGBTQIA+ parents. Follow the typical timelines and the patient journey and hear practical tips from leading fertility specialists. You'll also hear a moving success story from the community, offering a first-hand glimpse of the joys and challenges of building a family through donor insemination.

Donor insemination is a well tried and tested fertility treatment in Britain, with almost 30,000 babies born since 1991. It's a first-line treatment for fertility which is affordable.

SPEAKERS



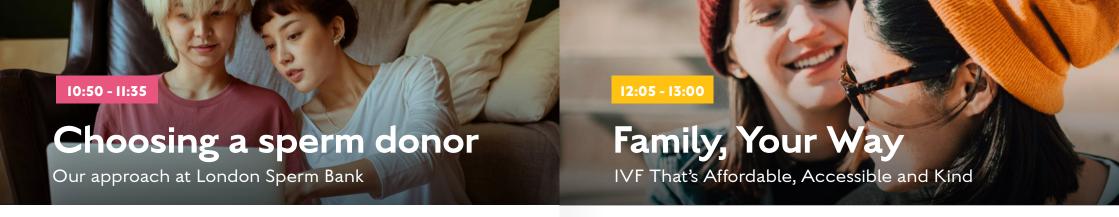
Elena Linara-Demakakou (she/her) Lab Manager and Quality Lead

Elena is the Head of Embryology at London Women's Clinic, with 18 years of experience in reproductive medicine. She is the author of the UK's biggest-ever study on IUI, a Diplomate of the Royal College of Pathologists, and a member of ARCS and ESHRE.



Kit Morey (they/them) LGBTQIA+ parent and DIVA trustee

Kit is a DIVA trustee, media leader at Channel 5 and Paramount+, and a proud LGBTQIA+ parent. Kit became a parent at 38, choosing to start a family solo after life took unexpected turns. They conceived with donor sperm from London Sperm Bank, and found that solo parenting is just as full of joy as any other path to parenthood.



How do you find the right sperm donor?

Here, you can explore London Sperm Bank's own selection process, designed to recognise the values and needs of LGBTQIA+ couples and individuals. LSB's UK-sourced donors are vetted for health, personality and inclusivity, so clients can feel confident of their treatment and the high quality of sperm samples.

SPEAKERS



Nicole Nel (she/her)
Director of London Sperm Bank

Alongside her role at the helm of London Sperm Bank, Nicole is also Director of Operations for London Women's Clinic Kent & Sussex. She is committed to providing high quality donors and adhering to strict regulatory standards and is passionate about enhancing donor services across the UK.



Hayley King (she/her)
Operations Manager at Paths to Parenthub and Donor
Conceived Adult

Hayley King is an advocate and educator for donor-conceived families and the Head of Operations at Paths to Parenthub, an online support platform for parents building their families through donor conception. As a donor-conceived adult and mum of twins in an LGBTQIA+family, she brings a unique and balanced perspective to the complexities of donor conception. Through her work, Hayley provides information, resources, and a supportive community for all those navigating this journey.

Now, there's an IVF option which combines the very best success rates with affordability.

It's called Kind iVF and it's already offering greater access to this core fertility treatment, and greater appeal. This session explains how Kind iVF works and why it's rapidly become a leading choice among LGBTQIA+ people considering parenthood.

SPEAKERS



Jemma Garratt (she/her) Data and Insights Analyst

Jemma is the Data and Insights Analyst at Kind iVF and London Women's Clinic. She has a Master's degree in Clinical Embryology from the University of Oxford, and is a candidate for a PhD at the University of Kent. She is a key voice in the field of optimising live birth rates in fertility treatment, and analyses large clinical datasets to improve IVF protocols and clinical care.



Diane Casha (she/her)
Clinical Services Director LWC Bromley & Canterbury

Diane is the Director of Clinical Services for Bromley and Canterbury, encompassing Kind iVF and London Women's Clinic. She has over three decades of nursing and midwifery experience, and with a longstanding passion for increasing access to affordable treatment, was instrumental in the development of Kind iVF.





In this cosy session, experts consider everything from the legal guidelines to the practicalities of working with egg banks. Here, you'll learn how regulated surrogacy actually works, where to find support, and what to expect along the way.

There are over 35,000 births each year globally, but most are in unregulated regions and without the oversight which gives surrogacy in the UK its greater clarity and transparency. LWC's experience in surrogacy goes back many years, with several published studies documenting its progress and showing how 400 treatments have led to 147 births and many happy families. Surrogacy treatments at LWC are already equally divided between heterosexual and same-sex couples.



Mimi Arian-Schad (she/her) Director of Nursing at IWC

Mimi is London Women's Clinic's Director of Nursing. Trained at Guy's Hospital, and with over 20 years at the clinic, she spearheaded the London Women's Clinic surrogacy programme, and is qualified as an operating theatre and fertility nurse specialist.



Dr. Priti Jain (she/her) Consultant in Reproductive Medicine at London Egg Bank

Dr Jain is a highly experienced consultant at London Egg Bank. She specialises in treating patients requiring donor gametes and surrogacy. She has over I2 years' experience in reproductive medicine and believes parenting should be an option for everyone. She strongly supports LGBTQIA+ individuals in fulfilling their desire to grow their families.



Join Fertility Nutrition Specialist Kirsten, who brings both professional expertise and lived experience to her work supporting individuals and couples on their paths to parenthood.

In this session, she'll explore how nutrition can play a vital role in improving fertility outcomes—whether you're conceiving naturally, going through IVF, or considering donor options.

Key themes will include:

- Supporting egg and sperm health
- Creating the best "terrain" for conception, including for those considering double donation
- Hormone balancing, especially after fertility treatments
- Practical tips for optimising BMI and overall reproductive health

This talk offers evidence-based, compassionate advice to help you feel empowered and informed about the role nutrition can play in your fertility journey.

SPEAKERS



Kirsten Mooring (she/her) Nutritional Therapist

Kirsten is a qualified nutritional therapist specialising in fertility nutrition. Inspired by her own experiences with infertility, she retrained at the Institute for Optimum Nutrition and now supports individuals and couples to optimise their reproductive health and improve their chances of conception, both naturally and with IVF.

Your Fertility, Your Timeline

18 Years of Egg Freezing at London Women's Clinic

Shared Parenthood

Creating LOBTQ Families with Reciprocal IVF

Preserving your fertility and keeping your options open.

This session offers a clear look at egg freezing and how it can be a game-changer for LGBTQIA+ people. Egg-freezing is Britain's fastest-growing fertility treatment and can fit into a range of family-building pathways, but key to them all is the control it offers over your reproductive future; the big decisions are left to you.



Vanessa Ross (she/her) Visiting Fertility Specialist

Vanessa Ross graduated from the Australian National University in 2008 and trained in Obstetrics and Gynaecology at the Royal Women's Hospital, Melbourne. A visiting fertility specialist, she is a board-certified subspecialist in Reproductive Endocrinology and Infertility (CREI) with a Master's in Reproductive Medicine from the University of New South Wales.



Egle Kancleryte (she/her) Head of LWC Elective Egg Freezing

Egle is Head of the London Women's Clinic Elective Egg Freezing Programme, the only dedicated egg freezing clinical unit in the UK. She has a strong interest in reproductive rights, equality, and the fascinating world of science, and prioritises exceptional care, informed decision-making, and expert-led, personalised treatment.



Kenny Ethan Jones (he/him)

Kenny Ethan Jones is an author, activist, and entrepreneur, recognised as the first trans man to front a period campaign. He is the author of Dear Cisgender People: A Guide to Trans Allyship and Empathy (2024) and founder of LostFame, a period underwear brand prioritising comfort, style, and authenticity.



Dr. Priti Jain (she/her) Consultant in Reproductive Medicine, London Egg Bank

Dr Jain is a highly experienced Consultant at London Egg Bank, she specialises in treating patients requiring Donor gametes and Surrogacy. She has over 12 years' experience in reproductive medicine and believes parenting should be an option for everyone. She strongly supports LGBTQIA+ individuals in fulfilling their desire to grow their families.

The concept and achievements of shared biological parenthood have revolutionised fertility treatment for same-sex female couples, giving each partner the chance to share a biological bond with their child.

This lively session explains how the concept of shared motherhood works – for the partner providing the egg and the partner carrying the pregnancy. There will be details from real couples who've made the journey themselves, and from academic collaborators with news on research developments. This session will answer all your questions about shared motherhood and why it's been such a popular choice over the past ten years.

SPEAKERS

15:00 - 15:45



Jamie Forster (she/her) LWC Senior Fertility Counsellor and Support Lead

Jamie Forster is an integrative therapist specialising in fertility, trauma, and family therapy. She takes a warm, down-to-earth approach and is passionate about supporting people through treatment and advocating for stronger emotional support in fertility care.



Dr Barbara Manukian (she/her) Consultant in Reproductive

Dr Manukian is a consultant at London Women's Clinic Harley Street, and is widely recognised for her commitment and passion for supporting LGBTQIA+ individuals in their family-making journeys. She has a Master's degree from LSE, with a research focus on egg freezing in the LGBTQIA+ community.



Dr Ellen Davenport-Pleasance (she/her) Research Fellow

Dr Ellen Davenport-Pleasance holds a PhD in Psychology from UCL and an MPhil from the University of Cambridge, where she researched bisexual mother families. As a research fellow at London Women's Clinic, she studies LGBTQ+ parenthood and transgender and non-binary patients' experiences of fertility treatment, aiming to make reproductive healthcare more inclusive.



This session is designed to provide support and expert guidance to individuals and couples navigating their fertility journey.

It will be led by Fertility Coach Anya Sizer and Senior Fertility Counsellor and Support Lead, Jamie Forster. It will offer a safe, welcoming space to learn stress-management techniques, explore your thoughts, and receive emotional support from both professionals and peers who understand the complexities of this journey.

SPEAKERS



Anya Sizer (she/her)
Fertility Coach

Anya is a passionate advocate for fertility, a board member for the HFEA, and former Patient Care Lead at London Women's Clinic, and a fertility coach, with nearly two decades of experience in the sector. As a local councillor and champion for multiple civil society organisations, she regularly speaks on IVF justice in Parliament and for national media.



Jamie Forster (she/her)
LWC Senior Fertility Counsellor and Support Lead

Jamie Forster is an experienced integrative therapist who specialises in fertility, trauma, and family therapy. She has a friendly and down to earth therapeutic approach and is passionate about supporting people through fertility treatment or donation and advocates nationwide for strong emotional support during treatment.

London Womens Clinic



Kind iVF

London Sperm Bank

YOU DO YOU

DIVA











London Womens Clinic

its your journey

Established in 1985, London Women's Clinic has pioneered many techniques and fertility treatments, such as reciprocal IVF, which are routine today, and was the first clinic in the UK to offer donor insemination to same-sex couples.

With its long-standing commitment to supporting the LGBTQIA+ community, the clinic offers inclusive fertility services tailored to the unique needs of same-sex couples and individuals. Since its inception, the clinic has been dedicated to providing compassionate care in a supportive, patient-centred environment.

londonwomensclinic.com | @londonwomensclinic





The largest selection of UK-sourced egg donors

At London Egg Bank, we are proud to support all aspiring parents on their journey to parenthood through egg donation and surrogacy. We offer the UK's largest database of home-recruited egg donors, with over 300 profiles available immediately. With no waiting times and inhouse donor recruitment, we provide fast, reliable access to carefully screened donors. Our expert team offers personalised treatment options and industry-leading success rates to help you build your family with confidence



londoneggbank.com @londoneggbank

Kind iVF

IVF that's Kind, to you and your pocket.



Affordable

One all-inclusive price of £2,950 for a single cycle of IVF with a fresh embryo transfer

64% success rate

cumulative ongoing pregnancy rate after embryo transfers

557 out of 867 patients

Accessible

Harley Street expertise is on your doorstep at 17 clinic locations across the UK

In partnership with

London Womens Clinic

kindivf.com | @kindivfofficial

London Sperm Bank

London Sperm Bank is the UK's leading provider of donor sperm, offering a diverse range of high-quality samples to ensure optimal success rates. With a focus on quality, safety, and ethical practices, they're here to guide you through every step of your journey.

londonspermbank.com | @london_spermbank



London Womens Clinic

YOU DO YOU



Your choice. Your future. Your fertility.

Elective egg freezing provides a unique opportunity to prolong your current fertility and enhance your options if you choose to start a family in the future.

Over the past decade, egg freezing has become a more popular and reliable treatment option and has reached a stage where success rates for fertility treatment using frozen eggs are comparable with those using fresh eggs.

Start your journey here



londonwomensclinic.com/egg-freezing @lwceggfreezing



DIVA Media Group is the world's leading entertainment group for LGBTQIA+ women and non-binary people. As well as publishing DIVA magazine, DMG is also the force behind Lesbian Visibility Week, DIVA Awards and the DIVA Power List.

First published in 1994, DIVA is the world's best-selling magazine for LGBTQIA+ women, spotlighting all that is fresh, funny, exciting, controversial and cutting-edge in our community.

DIVA brings you the latest in LGBTQIA+ celebrity interviews, news, politics, pop culture, style, travel, social issues, health and wellbeing, entertainment and more.

We tackle the tough topics, like racism in the LGBTQIA+ community, mental health and the challenges facing queer youth, and also profile inspirational women who are making a difference to the lives of lesbian, bi and trans women.

DIVA Media Group offers a range of platforms, delivering content relevant to the interests of LGBTQIA+ women through print, digital, mobile and social.

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The Fertility Alliance

The Fertility Alliance is a national fertility charity offering support and information for anyone who wants to know more about their fertility. They offer individual one-to-one support, and run regular fertility groups to encourage connection and community building for those with shared experiences.

thefertilityalliance.org.uk @fertilityalliance



Access Fertility

Access Fertility helps to take the financial uncertainty out of IVF by offering fixed price treatment with a money-back guarantee. Offering multiple cycles means they can provide our treatment programmes at a significantly lower cost compared to standard pay-as-you-go IVF options.

accessfertility.com
@accessfertility



Paths to Parenthub

Whether you are at the very beginning of your journey, or now parenting via donor conception, Paths to Parenthub offers support, information, friendship, and a sense of community to all of its members.

pathstoparenthub.com
@paths_to_parenthub





Kirsten Mooring Nutrition

Kirsten is a qualified nutritional therapist specialising in fertility nutrition. Inspired by her own experiences with infertility, she retrained at the Institute for Optimum Nutrition and now supports individuals and couples to optimise their reproductive health and improve their chances of conception, both naturally and with IVF.

kirstenmooring.com
@kirstenmooringnutrition



Queertopia

Queertopia is a community-led organisation dedicated to improving healthcare access for the LGBTQIA+ community. Guided by values of togetherness, pride, and advocacy, they break down barriers to inclusion and representation—creating safe, supportive spaces where every individual and family feels empowered, respected, and celebrated.

queertopiaconsortium.org.uk @queertopia.lgbt

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Raising Tomorrow

Why London Women's Clinic is now the UK's leading centre for LGBTQIA+ fertility treatment

'Raising Tomorrow', our feature in this year's Familymakers Show, is not about the past but about what we can do for the LGBTQIA+ community today, as they look ahead to their own family formations. What we see today - and tomorrow - is a range of treatments which were unimaginable 40 years ago, when we first opened our doors to fertility treatment for LGBTQIA+ patients. Over the decades, scientific developments have advanced hand-in-hand with regulatory changes, legal updates and social attitudes to make fertility and parenthood far more available and accessible to all. London Women's Clinic has been at the heart of all of these positive changes.

Our sessions at The Familymakers Show will give an overview of the treatments available to LGBTQIA+ patients, exploring the patient journey and setting out the expected levels of success.

Some of those treatments have been championed by London Women's Clinic, including egg and sperm donation and egg freezing, where our work has been reported in scientific studies unmatched by any other UK clinic. London Sperm Bank and London Egg Bank now provide the UK's premier source of domestically available gametes, and their development has been instrumental in expanding access to treatments for the LGBTQIA+ community.

Many same-sex female couples choose IVF as a means of 'shared biological parenthood', a technique pioneered by London Women's Clinic in which one partner provides the egg and the other carries the pregnancy. As our network of clinics grows alongside the treatments we offer, pathways to parenthood for LGBTQIA+ people are growing - opening up new opportunities for the future.

More recently we introduced the UK's most affordable IVF programme, Kind iVF, which has enabled greater access to this cornerstone of fertility treatment. Our South West clinics are also approved to deliver NHS-funded treatment meaning patients with secured NHS funding can come to us to complete their families.

At a recent specialist medical meeting, our group medical director, Professor Nick Macklon, described London Women's Clinic as 'the leading fertility centre for the LGBTQIA+ community in Britain'. The treatments and brands we present here are living evidence of that position.



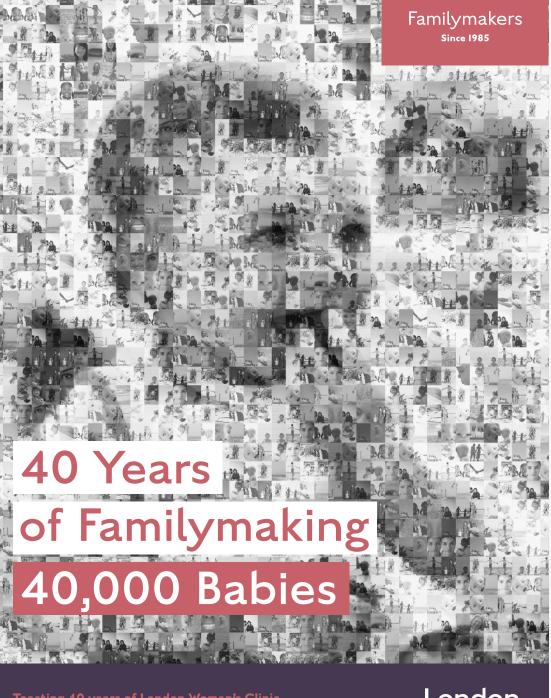
London Womens Clinic with locations across the UK

- London Women's Clinic Harley Street
 II3-II5 Harley St, London WIG 6AP
- London Women's Clinic London Bridge
 I St Thomas St, London SEI 9RY
- London Women's Clinic Harrow
 Hygeia, 66-68 College Rd, Harrow HAI IBE
- London Women's Clinic Brentwood

 Town Hall, Ingrave Rd, Brentwood CMI5 8AY
- London Women's Clinic Colchester
 57 Priory St, Colchester COI 2QE
- London Women's Clinic Cambridge
 52 Mawson Rd, Cambridge CBI 2HY
- London Women's Clinic Guildford

 2 Stirling House, Stirling Road, Guildford, Surrey, GU2 7RF
- London Women's Clinic Bromley
 135 Masons Hill, Bromley BR2 9HT
- London Women's Clinic Canterbury
 72 St. Dunstans St, Canterbury CT2 8BL
- London Women's Clinic Tunbridge Wells
 10 Lonsdale Gardens, Tunbridge Wells TNI INU
- London Women's Clinic Eastbourne 6 Alder Cl, Eastbourne BN23 6QE
- London Women's Clinic Brighton
 Olivier House, 18 Marine Parade, Kemptown, Brighton and Hove,
 Brighton BN2 ITL





Toasting 40 years of London Women's Clinic

Estimate - LWC and its predecessor, affiliated, acquired clinics, and former in-house donor banks 1985-2025

Following four decades of pioneering fertility treatment and research, advancing access to IVF and LGBTQIA fertility care, we're proud to celebrate these London milestones.

London Womens Clinic







Bringing Harley Street to you



For 40 years, London Women's Clinic has supported people on their journeys to parenthood.

Today, with our clinics in **Cardiff, Swansea**, and **Bristol**, we're proud to bring that experience closer to home for people across the Southwest.

Wherever you are on your fertility journey, our team is here to support you with compassionate, inclusive care for all families.



On your doorstep, we offer:

- Consultations and fertility tests
- IVF and ICSI
- IUI
- Fertility preservation (egg, embryo and sperm freezing)
- Donor services
- · Genetic testing and advanced embryology in our Cardiff Clinic



You can start your journey with us today by booking a free consultation.

The Familymakers Show

18th October 2025 Wills Memorial Building Bristol

info@londonwomensclinic.com 0207 563 4309

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